

Lucky

MAY 2008

**YOUR
ULTIMATE
HAIR
GUIDE**

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sprees,
vacations,
and more...

**LUCKY
BREAKS**

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mask

AVEDA OUTER PEACE COOLING MASQUE This ultra-thick, creamy treatment is made with aloe and tamanu oil to calm redness and irritation—from rosacea to sunburn. \$35. AVEDA.COM

eye cream

KIEHL'S EYE ALERT A wonderful midday reviver, this sinks right in to relieve puffiness with cucumber extract and vitamin E. \$21. KIEHL.COM

serum

CAUDALIE VINEXPERT FIRING SERUM Light and gel-like, this tightening/hydrating formula cools, soothes, and depuffs. \$79. CAUDALIE.COM

hand soap

CRABTREE & EVELYN GARDENERS LIQUID HAND SOAP This has the exact grassy-sweet scent of a just-mowed lawn. \$16. CRABTREE-EVELYN.COM

secret ingredient:

alfalfa

An amazingly curative, protein-and-vitamin-packed plant that's important in ayurvedic and Chinese medicines for treating everything from kidney stones to eczema, alfalfa is great for your health and equally so for your skin and hair. The proteins strengthen, while the vitamins moisturize and fight free radicals. —Dawn Spinner

conditioner

JONATHAN PRODUCT IB INFUSER ANTI-AGING RESTORATIVE CONDITIONER If you have split ends or breakage, this will make a huge difference—it's rich and really reparative. \$28. JONATHANPRODUCT.COM

lotion

L'ORÉAL PARIS COLLAGEN REMODELER CONTOURING NIGHT LOTION The collagen-building complex plumps up fine lines to make skin look much smoother. \$20. DRUGSTORES

shampoo

RUSK SENSORIES FULL GREEN TEA & ALFALFA SHAMPOO Boosts volume and shine—particularly good for fine hair—and the fragrance is pure green tea. \$24. AMAZON.COM

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face wash

TAMMY FENDER PURIFYING CLEANSING GEL IN ROSEMARY & TANGERINE Perfect for acne-prone skin—organic licorice, rosemary, and tangerine kill bacteria and treat inflammation. \$50. TAMMYFENDER.COM

