

SIMPLIFY *skin*

NATURAL BEAUTY SHOPPING GUIDE

SPRING 2017

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33 ECO BRANDS YOU SHOULD KNOW

This curated guide will help you **discover eco-skincare brands**, so that you can create a collection of skincare that you feel good about using.

All of the brands selected match our ethos of buying products that are good for people, good for planet and good for your skin.

I truly believe that any one of these brands is a great choice and can stand up against conventional products. They're each effective and do exactly what they're meant to do - *without compromising your health.*

You'll also read natural beauty tips for Spring - straight from the makers themselves - exclusive to this guide!

The Natural Beauty Shopping Guide is meant to be shared. Email it, forward it over to anyone who you think will appreciate it.

Here's to creating a beautiful 2017!
Militza Xx



TAMMY FENDER

Pure, organic custom blended skin care products based on the healing traditions of holistic medicine.

[Click here](#) to shop at Tammy Fender

Try this product **Quintessential Serum**

A well-loved serum that is definitely eco-luxury, but incredibly effective

Ships within US

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MY TIP FOR 2017 IS TO SIMPLIFY. TOO OFTEN SKIN IS STIFLED UNDER LAYERS OF COSMETICS AND PRODUCTS, MOST OF WHICH WE REALLY DON'T NEED. SKIN NEEDS A BREAK, AND TIME TO BREATHE. START WITH CHOOSING ONLY THOSE FORMULAS THAT FEED SKIN WITH PURE BOTANICAL EXTRACTS. AND GO EASY!

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- Tammy, Tammy Fender