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at every age continued...

50s

In your 50s, you may start to notice extreme dryness and delicate or fragile skin. The cause: slow cell turnover and a breakdown of collagen. To help you age gracefully, look for products designed to protect and restore the skin, like hydrating bath oils to leave skin soft to the touch and rich creams for face and body to maximize moisture. Men should consider top-of-the-line shaving products to care for the skin and deliver a smooth shave.

1. Aveeno Daily Moisturizing Foaming Bath, \$6, Target® stores nationwide

2. Kneipp Herbal Bath in Eucalyptus, \$19, www.kneippus.com

3. Kneipp Thermal Spring Bath Salts in Orange and Linden Blossom, \$18, www.kneippus.com

4. Dove Pro Age Rich Night Cream, \$12, CVS, www.cvs.com and drugstores nationwide

5. Avon Anew Transforming Hand and Nail Cream, \$15, www.avon.com

6. Olay Regenerist Targeted Tone Enhancer, \$19 CVS, www.cvs.com and drugstores nationwide

7. Olay Regenerist Daily Regenerating Serum, \$18, Walgreens nationwide www.walgreens.com

8. Art of Shaving New York™ Moisturizer, \$35, www.theartofshaving.com

9. Art of Shaving New York™ Facial Wash, \$22, www.theartofshaving.com

10. Kiehl's "Close Shavers™" Ultimate Brushless Shave Cream, \$15.50, www.kiehls.com

11. ClarinsMen Active Face Scrub, \$18, Macy's www.macys.com

12. ClarinsMen Shave Ease, \$24, Macy's www.macys.com

13. Tammy Fender Capillary Strengthening Blend, Formula No. CB-459, \$80, www.tammyfender.com

14. Art of Shaving New York™ Shaving Cream, \$22, www.theartofshaving.com

15. The Art of Shaving New York™ Shaving Soap, Unscented, \$45, www.theartofshaving.com

16. Avon Anew Ultimate Age Repair Elixir, \$54, www.avon.com

