

THE SOURCE FOR INTELLIGENT LUXURY LIVING™

AVENTURA

SUSAN SARANDON

Still Sexy After
All These Years

The Lost Art Of Sleeping

Get it Back and
Reclaim Your Health

Smart Moves

10 Things to Do
(or Not!) in 2008

25

Glorious Spa Vacations

Relax,
Recharge &
Rejuvenate

PLUS: Fashion's New
Flower Power ■ Handmade
Italian Sandals in Miami ■
Island Real Estate



About Face

Bat those eyelashes and pucker up for spring.



The face behind the magic: aesthetician Tammy Fender



Good Hydration

THANKS TO TAMMY FENDER, IT CAN BE YOURS

Palm Beach aesthetician and miracle worker Tammy Fender has built a reputation on her custom-blended, organic skin-care products, which are based on the healing traditions of holistic medicine and designed to purify, balance, nourish, restore and replenish. You'll find South Florida's most glamorous women strolling out of her redbrick building on Flagler Drive in Palm Beach, always with a glow they didn't have when they entered.

Fender's passion for holistic skin care started in college. She was working behind a cosmetics counter

when she started wondering about the ingredients in the merchandise she was selling. Fender donned a lab coat and began mixing herbs and pure essential oils in her spare time. A devoted fan base developed after they tried her homemade creams; Fender's swanky spa followed, and now, for the first time ever, her secret potions are available outside the spa. (Check out her brand-new Quintessential Serum, an ultra-moisturizing treatment that restores and weatherproofs skin, \$175.) For more information and to purchase products, go to www.tammyfender.com.