

# 5 Ways To Get Rid Of Summer Acne

Waking up to a massive breakout is the worst, but it is especially painful when it comes in the middle of the hot, humid and sweaty summer season. As soon as we feel a big zit forming under the surface of our skin, we go into a total frenzy searching for the best way to get rid of it. While there's not an instant cure for acne, there are great tools and treatments that can drastically clear up skin overnight.

It always happens that we wake up to mammoth-sized blemishes the morning of an important presentation or a big date, right? Well, before you pile on that foundation, use an ice cube to shrink the swelling. The shock of the cooler temp will constrict the vessels and make the bump get smaller. Place an ice cube in a clean paper towel and apply it directly to the inflamed area for ten minutes. Follow with a topical treatment like [Tammy Fender Clarifying Dermagel](#) to prevent future breakouts.

[Clarifying Dermagel](#), Tammy Fender \$72